

NEW YORK CANCER & BLOOD SPECIALISTS

SPRING 2025

SPECIALIST

NEWSLETTER

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The future is here at NYCBS



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A Message from the

CEO

My Friends,

Health is one of our greatest assets, and taking proactive steps toward wellness can make all the difference. Whether it's managing risk factors for heart disease, scheduling a cancer screening, or simply becoming more mindful of our well-being, the small choices we make today can have a lasting impact.

At New York Cancer & Blood Specialists (NYCBS), innovation continues to shape the way we deliver care. The implementation of the Agamon Health Coordinate platform has strengthened follow-up efforts, ensuring patients receive necessary screenings and treatments without delay. Early detection saves lives, and by closing care gaps, we are continuously improving patient outcomes. Growth and innovation are important, but it is our people who truly define our success. This was evident at our Clinical Education Conference, where more than 100 members of our team came together to share knowledge, advance clinical expertise, and reaffirm our commitment to exceptional patient care.

Our mission goes beyond treating cancer—we are here to support prevention, strengthen our communities, and ensure every patient receives the care and compassion they deserve.

We're not just treating cancer. We're changing how it's done. Only NYCBS.

Warm regards,

Dr. V

National Cancer Prevention Month

How to Reduce Your Cancer Risk

While not all cancer can be prevented, there are proactive steps that you can take to reduce your risk.

Quit Smoking

Smoking is the leading cause of lung cancer and contributes to many other cancer types. Exposure to secondhand smoke also increases your risk. If you've smoked in the past, you may be eligible for a lung cancer screening, which can help detect cancer in its early stages.

Maintain a Healthy Weight

Achieving and maintaining a healthy weight reduces your risk of breast, pancreas, liver, colon, and kidney cancers. Focus on: Eating a balanced diet with plenty of fruits, vegetables, and whole grains. Engaging in regular physical activity to support overall health and weight management.

Protect Your Skin from UV Rays

Skin cancer is one of the most common-and preventable-types of cancer. Protect yourself by:

- Limiting your time in the sun, especially during peak hours.
- Wearing protective clothing and using a broad-spectrum sunscreen with SPF 30 or higher.
- Avoid tanning beds, which expose your skin to harmful UV radiation.

Get Vaccinated

Vaccines can prevent cancers caused by certain infections:

Hepatitis B: Reduces your risk of liver cancer.

Human Papillomavirus (HPV): Protects against cervical and other cancers.

Check with your doctor to ensure your vaccinations are up to date.

Limit Alcohol Consumption

Drinking too much alcohol can increase your risk of cancers such as those of the mouth, throat, liver, and breast. If you choose to drink, do so in moderation.

Talk to Your Doctor

Regular checkups and open communication with your doctor are essential for early detection and prevention. If you notice any changes in your health, don't hesitate to bring them up during your visits.

Taking these steps can help you stay as healthy as possible. Talk to your doctor if you have questions or want personalized advice on reducing your cancer risk. Prevention starts with you!

Dr. Yelda Nouri - Medical Oncology & Hematology

The Importance of Heart Health and Regular Check-ups

By New York Health

Your heart health is in your hands. The steps you take today can lead to a healthier, longer life. One of the actions you can take is understanding and managing the risk factors for cardiovascular disease.

“One of the most significant risk factors for cardiovascular disease is elevated low-density lipoprotein cholesterol (LDLc), commonly referred to as 'bad' cholesterol,” said Family Practice Physician Dr. Michael DiGiovanna. “Elevated LDL levels can lead to cholesterol buildup in your arteries, increasing the risk of heart disease. Keeping your LDL levels under 100 is optimal for your heart health.”

Other risk factors—such as high blood pressure, type 2 diabetes, prediabetes, and unhealthy weight—continue to rise, particularly among Black Americans, who experience the highest rates of cardiovascular disease.

The good news? 80% of cardiovascular disease is preventable. With the right lifestyle changes, you can dramatically reduce your risk.

Here are some key ways to lower your risk:

- Eating a heart-healthy diet, rich in fruits, vegetables, whole grains, and lean proteins
- Getting regular exercise, which helps manage weight and lower blood pressure
- Quitting smoking, one of the leading contributors to heart disease
- Managing stress through relaxation and mindfulness techniques
- Getting enough sleep each night to support both your heart and overall health

However, maintaining a healthy heart goes beyond just making healthy choices. It requires actively partnering with your healthcare provider to monitor and manage your heart health. If you have conditions such as high cholesterol, high blood pressure, or diabetes, it's important to consult with your healthcare team.

At NY Health, we work closely with you to assess your lifestyle, screen for potential risk factors, and detect early signs of heart disease.

To make an appointment with Dr. DiGiovanna or any of our primary care providers at NY Health, call **631-758-7003**. For more information, visit nyhealth.com.



Family Practice Physician Dr. Michael DiGiovanna

National Self-Check Month

Clinical trials are research studies that test new ways to treat cancer, relieve symptoms and side effects, and prevent cancer. These trials study the effectiveness and safety of medication or treatments. Clinical trials help doctors discover more effective ways to treat cancer and improve the quality of life of cancer patients. Goal of targeting any cancer cells that can't be seen. These cells either remain in the breast or might have spread to other parts of the body. In some cases, TNBC patients undergo chemotherapy before surgery to shrink the cancer.

How to do a Breast Self-Check:

1. Examine your breasts in a mirror

With your hands on your hips and your shoulders straight, look at your breasts and see if you notice any dimpling, puckering, rash, or swelling.

2. Raise your arms and examine your breasts

Standing in the mirror again, raise your arms and look for the same signs.

3. Look for signs of breast fluid

Also, while looking in the mirror, look for any signs of fluid coming out of one or both of your nipples. Feel for breast lumps while lying down While lying down, use your right hand to feel your left breast. Using your finger pads, press down on your breast and move them in a circular motion. Do this on your entire breast and nipple.

4. Feel your breasts for lumps while standing

5. Feel your breasts in the same motion while standing up.

Many women feel like doing this in the shower is the easiest way.

If you notice any abnormalities while doing your self-check, don't panic. Talk to your doctor or schedule an appointment for a breast check or an ultrasound.

Heart Health Starts With You

February is National Heart Health Month, a time to focus on the importance of our hearts in keeping us healthy. After all, our hearts do much more than hold love; they keep our bodies running, beating an average of 100,000 times a day. This month, as awareness grows, take a moment to reflect on your heart health and consider if you might be at a higher risk for heart disease.

Family History:

Did you know that you can inherit genes that put you at a higher risk of high cholesterol, high blood pressure, or other cardiovascular issues that can lead to heart disease? It's important to keep your family history in mind when talking with your doctor to find ways to lessen the added risk. Additionally, heart disease often affects women differently than men, so paying closer attention to the health of relatives of the same gender can offer valuable insights into your own risk.

Differences in Women and Men:

Heart health can look very different for women and men, but this important distinction often doesn't get the attention it deserves, especially regarding risk factors. For instance, heart disease tends to develop 5-10 years later in women than in men. The average age for a man's first heart attack is 65, while for a woman, it's 72. Additionally, women with type 2 diabetes face a significantly higher risk of heart disease compared to men with the same condition. Regardless of gender, staying proactive about your heart health is crucial; the earlier you focus on it, the better.

Type of Heart Diseases:

The differences between men and women when it comes to heart disease can make a difference in when these diseases can affect you; however, it's crucial to keep the main cardiovascular issues in the back of your mind.

- **Arrhythmias:** Irregular heart rhythms
- **Heart Attack:** When a coronary artery becomes completely blocked, causing heart muscle damage
- **Heart Valve Disease:** Dysfunction of the heart valves, which can prevent proper blood flow
- **Stroke:** A blockage of a blood vessel in the brain



Mental Side of Heart Disease:

If you or a loved one are dealing with heart disease, it is very important to remain positive through this difficult time. Improved mental health truly does help improve your physical health. It's all about having a positive mindset! It can be difficult, but it is very necessary!

Ways to Stay Healthy:

Healthy habits are key to maintaining a strong heart and taking small steps toward positive change:

- Engraving new healthy habits to maintain a healthier heart
- Emphasize personal strength
- Maintaining a strong sleep schedule (8 hours a night)
- Spend quality time with family and friends
- Go for walks and exercise once a day
- Try new and relaxing activities to take your mind off the stress

Our Services to Show Your Heart a Little Love:

We offer multiple radiology services that we can use to look at your heart!

Transthoracic Echocardiogram:

A noninvasive ultrasound using high-frequency soundwaves to create moving images of your heart through the chest wall

CT Scan:

An imaging test that uses X-rays to take detailed images of your heart and its blood vessels

If you recognize any risk factors, don't wait. Show your heart some love and start the conversation with your healthcare provider today!



**NEW YORK
CANCER & BLOOD
SPECIALISTS**



**AGAMON
HEALTH**

New York Cancer & Blood Specialists Implements New Software to Improve Their Ability to Close the Gaps in Cancer Care

Coordinate Platform from Agamon Health will automate cancer centers' ability to improve follow-up care and treatment.

NYCBS uses the Agamon Health Coordinate platform to close care gaps in their cancer screening, early disease detection, and treatment monitoring programs by improving patient follow-up.

NYCBS has been using the Agamon Health Coordinate platform to improve the following for general radiology procedures across 41 locations:

1. Identify patients with gaps in their care based on their medical report, using advanced AI.
2. Automate the tracking, matching, and communication with referring providers and patients.
3. Improve the early diagnosis and appropriate follow-up care with these patients so they receive timely treatment.

"Patients undergoing cancer screening, treatment, or survivorship care require continuous attention and management. Manually handling these workflows places a significant burden on clinical teams and increases the risk of care gaps," says Dr. Jeff Vacirca, Oncologist and CEO of New York Cancer & Blood Specialists. "Agamon Health automation is revolutionizing our operations by helping us improve patient care, and enhance our ability to efficiently deliver that care while capturing more necessary patient referrals."

During the first three months of using this new software to close patient care gap follow-ups automatically, NYCBS realized the following operational and financial benefits, which enabled NYCBS to quickly realize a 6X Return On Investment (ROI).

General radiology patients:

- 28% more patients returned for follow-up care, translating into an additional 500 imaging studies annually.
- Saved approximately \$100K (annualized) in clinical staff costs.

High-risk breast cancer patients:

- 38% more high-risk patients completed their breast MRI.

Michal Meiri, Agamon Health CEO, expressed enthusiasm for the company's collaboration, stating, "We are pleased that NYCBS has realized significant clinical and operational benefits after a short time using our platform. These results reinforce our belief that community cancer centers and cancer care, in general, can benefit from automating the closure of care gaps."

Ratatouille

By Kelly Carroll, RDN

Ratatouille features a vibrant, flavorful French dish made from layered, roasted vegetables like zucchini, eggplant, tomatoes, and peppers, seasoned with herbs and olive oil. It's a colorful, healthy, and aromatic classic of Provençal cuisine.

Total cook time: 45 minutes

Ingredients:

4 Tbsp of Olive oil
2 medium onions, peeled and thinly sliced
2 garlic cloves, peeled and minced
1 eggplant, cubed
2 zucchinis, thinly sliced
3 fresh tomatoes or one can of no salt added diced tomatoes, roughly chopped
1 green and 1 red bell, deseeded and sliced
3 tbsp of fresh, chopped basil
2 Tbsp of tomato purée
Pepper to taste

Directions:

1. Add the oil, onions, and garlic to a large pan and sauté for 4-5 minutes until onions are soft.
2. Add all other ingredients to the pan. Cook for 5-6, stirring occasionally.

Simmer gently until all vegetables are fork tender, which should be around 25-30 minutes on medium heat. If it looks too watery, you can remove some of the juice or simmer for longer to thicken.

Sprinkle with some chopped basil.

Tip: To make it more hearty, serve it with cooked quinoa or brown rice

Photo by FreePik

Chocolate Raspberry Cottage Cheese Mousse

By Michelle Slowey, RDN

This recipe is rich in protein, with 25 grams per 1 cup serving. It is a perfect healthy dessert option for Valentine's Day.

Ingredients:

1 cup low-fat cottage cheese
1 tbsp dark chocolate chips
1 tsp vanilla extract
1-2 tbsp of low-fat milk or vegan milk
1 tsp coconut or olive oil
½ cup fresh raspberries

Instructions:

1. Blend cottage cheese in a food processor or blender.
2. Melt chocolate chips - may add a tsp of coconut or olive oil to create a smooth consistency
3. Add melted chocolate, vanilla extract, and milk to mix and blend until smooth.
4. Add to a cup and refrigerate for 1-2 hrs to achieve a thicker consistency.
5. When ready, serve with fresh raspberries on top.

***May add some of the raspberries to the blended mix as well.**

***Chocolate chips may be substituted for peanut butter or fruit.**



Photo by Vecteezy

Salsa

By Kelly Carroll, RDN

Total cook time: 10 minutes

Ingredients:

1 can of no salt added diced tomatoes (14.5 oz)
 1 Can of no salt added green chilis and diced tomatoes (10 oz)
 ¼-1/2 of a small jalapeño pepper (add more if you want spicier)
 1 teaspoon of garlic powder
 ½ white or yellow onion
 1 teaspoon of cumin
 Bunch of cilantro
 Juice of 2 limes

Directions:

1. Put all ingredients in a blender or food processor and mix. Mix longer for thinner consistency or shorter for thicker consistency. Serve with a low sodium whole grain chip and enjoy!



Photo by FreePik



Photo by FreePik

Guacamole

By Kelly Carroll, RDN

Total time to make: 15-20 minutes

Ingredients:

2-3 Avocados just slightly soft to the touch
 ½ white onion diced
 1 tsp to 1 tbsp of diced jalapeño pepper
 (add more if you want spicier)
 Bunch of cilantro, chopped
 Juice of 1-2 limes
 ½-1 diced tomato (optional)

Directions:

Cut avocados in half, scoop out center, and add to a mixing bowl. Add the juice of 1-2 limes. Mash avocado with a potato masher or a large spoon. Add all other ingredients and mix until combined. Enjoy with a low sodium whole grain chip!

Red Pepper and Spinach Frittata:

By Kelly Carroll, RDN

Total cook time: 45 minutes

Ingredients:

1 Tbsp of avocado or olive oil
 1 clove of garlic
 1 red bell pepper or 1 jar of roasted red peppers
 3-4 cups of spinach
 ¼-1/2 cup of low-fat shredded cheese
 Pepper to taste
 ¼ cup of low-fat milk
 6 Large eggs
 Optional: parsley or cilantro to garnish, or sliced avocado to top

Instructions:

1. Preheat the oven to 350 degrees.
2. Mince garlic, and, chop red pepper into cubes. Rinse spinach.
3. On the stove place a large, oven safe pan on medium heat. Add oil to pan. Add garlic, peppers and spinach to pan and cook until peppers are soft and spinach has reduced in size about 4-5 minutes.
4. Season with pepper to taste.
5. In a large bowl whisk together eggs, cheese, and milk. Pour eggs over vegetables and stir to mix in vegetables.
6. Place pan in oven and cook for 20-25 minutes or until center is light golden brown.

Slice and enjoy!

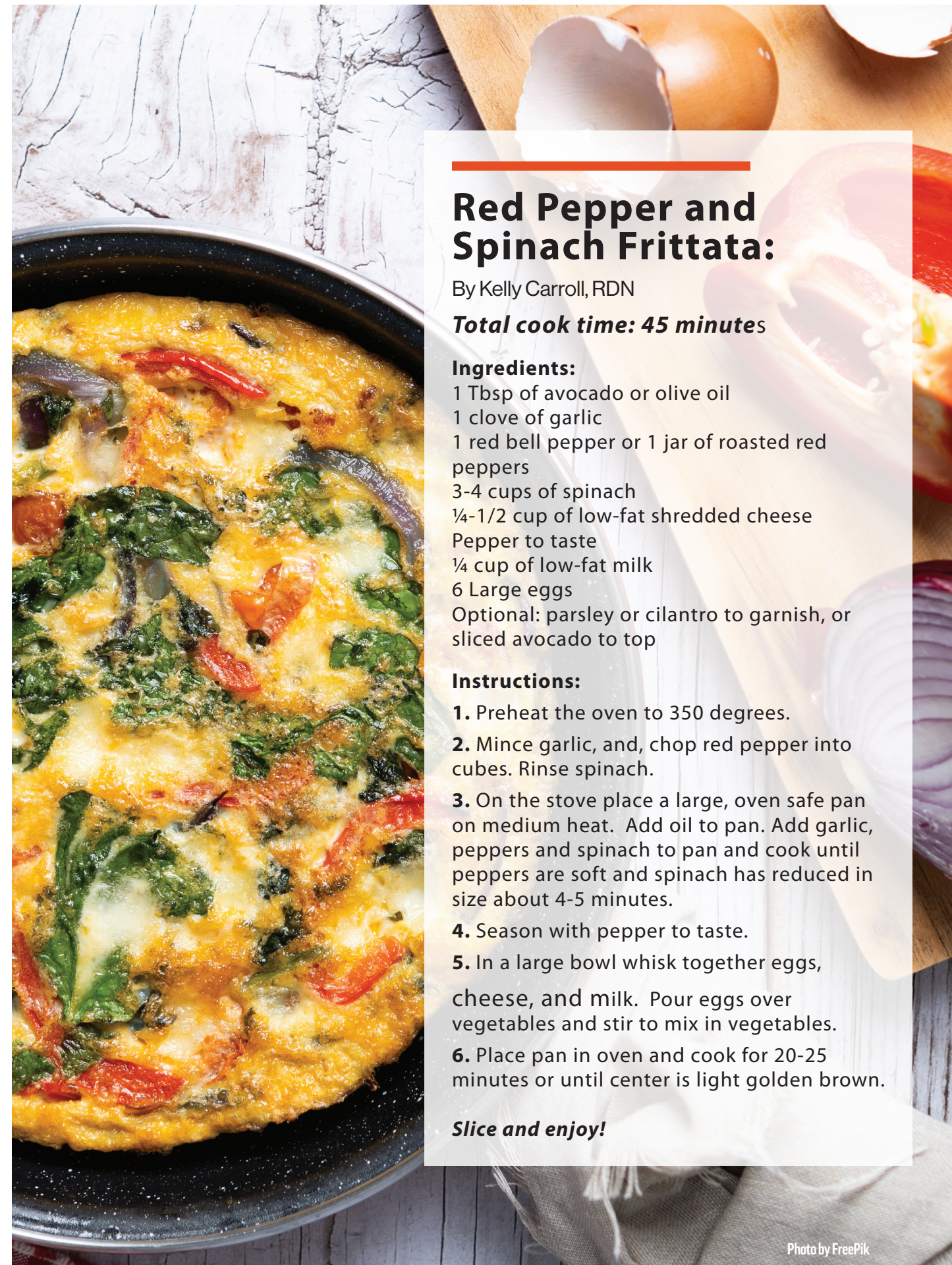


Photo by FreePik

Shakshuka

Total cook time: 30 minutes

Ingredients:

Tbsp olive oil
 1 medium onion, peeled and diced
 1 red bell pepper, deseeded and diced
 2 tsp smoked paprika
 1 tsp cumin
 ½ tsp chili powder
 Ground pepper to taste
 2 garlic cloves, peeled and minced
 14 oz can of peeled tomatoes
 4 large eggs
 Chopped cilantro on top (can omit if you don't like cilantro)
 Loaf of sourdough, whole grain or whole wheat bread

Directions:

1. In a deep pan, heat oil, then add sweet onion and red bell pepper for about 5 minutes or until the onion is translucent.
2. Add the spices and garlic and cook for 1-2 minutes.
3. Add the tomatoes and pepper to taste. Squish down the tomatoes in the pan and mix with other ingredients. Let simmer for 15 minutes
4. With a spoon make four hollows at separate sections of the mixture. Crack an egg into each one. Cover the pan with lid and cook for 5-8 minutes (if you want more runny cook closer to 5 minutes).
5. Finish with chopped cilantro on top. Serve with toasted sourdough, whole grain or whole wheat bread.

Tip: Serve with fresh sliced avocado on top.

Photo by FreePik

HOCKEY FOR HOPE

The Battle Continues!

Get ready for an adrenaline-pumping night of action at the 5th Annual Hockey for Hope charity game! Join the New York Cancer Foundation as they take on the Suffolk County Sheriff's Office in an epic showdown currently tied at 2-2!

The excitement kicks off when doors open at 6:30 PM, followed by an unforgettable ceremony at 7:00 PM. Don't miss out—preorder your tickets for just \$15 or get them at the door for \$20! This family-friendly event promises fun for everyone, featuring thrilling raffles, amazing vendor displays, and activities that will entertain all ages.

For more information, visit the nycancerfoundation.org.



New York Health's 2nd Annual Clinical Education Conference

On February 1st, 2025, NY Health hosted its 2nd Annual Clinical Education Conference, bringing together 100 attendees from all nine divisions for a day of learning, collaboration, and professional growth.

The event featured insightful presentations from internal speakers, including Dr. Courgi, Rob Negri, Dr. Nancy Eastment, MaryAnn Fragola, Dr. Moghaddam, and Donato Antonecchia. Attendees participated in team-building activities and engaged with educational exhibit tables and guest speakers from pharmaceutical companies. Additionally, the clinical training team led specialized training sessions for nurses, ensuring valuable hands-on learning.

The conference fostered networking, knowledge-sharing, and professional development, reinforcing NY Health's commitment to excellence in patient care. Thank you to everyone who contributed to making this event a success!



Dr. Yasser El-Hennawy

Hematologist-Oncologist

Joins NYCBS

Dr. El-Hennawy is practicing at 6118 190th St, Suite 217, Fresh Meadows, NY 11365, and 88-06 55th Avenue, Elmhurst, NY 11373.

“We are proud to welcome Dr. El-Hennawy to New York Cancer & Blood Specialists,” said Jeff Vacirca, MD, CEO of NYCBS.

“Dr. El-Hennawy will make an excellent addition to our team of physicians.”

Dr. El-Hennawy’s approach to care focuses on creating a warm, supportive environment where patients feel as comfortable as they would with family or friends. “I am fully committed to achieving the best possible outcomes for my patients,” he said.

Dr. El-Hennawy earned his Bachelor of Medicine and Bachelor of Surgery from Cairo University School of Medicine in Egypt. He completed two residencies: one in Diagnostic Radiology at Al Agouza Hospital and another in Internal Medicine at



Woodhull Hospital. Dr. El-Hennawy went on to complete fellowships in Hematology/Oncology and Hospice/Palliative Care at James J. Peter VA Medical Center/Mount Sinai in Bronx, NY, Harvard University, and Stony Brook University.

To schedule an appointment with Dr. El-Hennawy, please call 718-279-9101.

Dr. San San Wynn

Hematologist-Oncologist

Joins NYCBS

Dr. Wynn will see patients at 2236 Nostrand Avenue, Brooklyn, NY 11210.

Dr. Wynn has over 30 years of experience and specializes in lymphoma, breast cancer, lung cancer, and colon cancer.

“We’re proud to welcome Dr. Wynn to our growing network of physicians. For many years, Dr. Wynn has shown continued commitment to her patients and providing them with the best cancer care possible. Welcome aboard, Dr. Wynn,” said Jeff Vacirca, MD, CEO of NYCBS.

As a child, Dr. Wynn was inspired to pursue medicine and dedicate her life to helping others. “I am excited to continue helping patients and expanding my medical knowledge as I join NYCBS,” she said.

Dr. Wynn completed her internship and residency in Internal Medicine



at Kingsbrook Jewish Medical Center before completing her fellowship in Hematology and Oncology at SUNY Downstate. Additionally, Dr. Wynn serves as the Secretary for the Medical Society of New York, Kings County, and one of the founders of Myanmar American Medical Education Society, Inc. Dr. Wynn is also associated with New York Presbyterian Brooklyn Methodist Hospital and Brookdale Hospital.

Dr. Wynn is fluent in English, Mandarin, Burmese, and Hakkanese.

To schedule an appointment with Dr. Wynn, please call 718-406-9454.

Rob Negri

Appointed Chief of Pharmacy

In his new role, Negri will continue to lead the pharmacy operations across NYCBS dispensing sites throughout Long Island, New York City, and Hudson Valley, overseeing the team of pharmacists, pharmacy technicians, and oncology nursing staff.

"Rob Negri is a visionary healthcare leader with extensive expertise in pharmacy operations," said Dr. Jeff Vacirca, CEO of NYCBS. "His leadership will drive New York Cancer & Blood Specialists to further elevate its world-class pharmacy practices, integrating advanced automation and innovative technology to enhance patient care and services."

Negri has previously worked as a Certified Pharmacy Technician for the last 15 years. Prior to joining NYCBS in 2015, Negri worked



closely with physicians and pharmacists who provided care at a home infusion pharmacy.

"I am honored to lead an exceptional team of dedicated individuals committed to delivering outstanding care to our patients at NYCBS while ensuring affordable access to essential medications," said Negri.



MONDAYS CANCER CARE WELLNESS EVENT

JOIN US FOR AN EXTRAORDINARY DAY OF HEALTH, WELLNESS
AND BEAUTY, ALL OFFERED WITH OUR COMPLIMENTS.

Services Include:

- Clean Skin Saver Facials
- Hand and Foot Massage
- Lash + Brow Application
- Oncology Massage
- Wig Support
- Harmonic Flow: A fusion of Reiki, Sound Healing, and Chair Yoga

MARCH 23RD, 2025
10AM-3PM
NEW YORK CANCER & BLOOD
SPECIALISTS
6118 190TH ST SUITE 217,
FRESH MEADOWS, NY 11365

PLEASE CALL 1-888-966-6329
TO BOOK YOUR APPOINTMENT. SPACE IS LIMITED

A HEALTHY AND DELICIOUS LUNCH WILL BE SERVED.
DON'T MISS THIS OPPORTUNITY TO PRIORITIZE YOUR
WELL-BEING AND EMBRACE A DAY OF SELF-CARE,
CONNECTION, AND EMPOWERMENT.

***MEDICAL RELEASE REQUIRED**



March

National Social Work Month

The month of March is a special time for our social work department. March is National Social Work Month, as recognized by the profession’s leading organization, the National Social Work Association. Each year, the profession takes the month to reflect upon the continued efforts in advocacy, connection, and positive contributions to the profession for the good of the nation.

For 2025, the NASW has chosen the theme of Compassion + Action. This theme was chosen to highlight social workers’ ongoing efforts to connect with the communities they serve. The NASW has also chosen to emphasize the importance of professional self-care and the growth of skill sets across the profession. Our team is proud to reflect these values across all of the services provided to our patients, including therapy and psychosocial assessments. In order to meet the needs of our patients, NYCBS social work staff continues to pursue ongoing education to facilitate the expansion of diverse skill sets and the creation of patient-centered programming to meet identified needs.

We are proud to celebrate our social workers, Alyza Conway, LCSW, and Randi Padover, LCSW-R, on completing their Oncology Social Work certifications this past year. Randi Padover also completed her Veterinary Social Work certification and was an invited speaker at the International Veterinary Meeting and Expo 2025 veterinary conference to speak about mental wellness for animal care workers. We also take tremendous pride in the work of the Women’s Support Group, facilitated by Laura Germaine, LCSW, and Alyza Conway, LCSW. Alyza is also going through the process of being trained in EMDR.

Through their individual therapy services, assessments, and linkages to needs throughout our offices, our social work team continues to connect, support, and provide compassionate care to our patients and their families.

Call us at 1-833-CANCER9 to make an appointment today.



Alyza Conway, Social Worker



Laura Germaine, Social Worker

Technology

That Puts Patients First

We understand that navigating cancer care can be overwhelming. From diagnosis to treatment, patients face a flood of appointments, forms, and critical decisions. That’s at New York Cancer & Blood Specialists (NYCBS), we’ve invested in cutting-edge technology to simplify the patient journey—keeping patients informed, reducing redundancy, and ensuring they receive the best possible care.

“Our goal is to remove the barriers that make healthcare feel complicated,” says Sean Riley, Chief Information Officer at NYCBS. “By leveraging technology, we’re making it easier for patients to access their information, stay on top of their care, and avoid unnecessary stress.”

One of the ways we are improving cancer screenings is through smart data collection. While government and state-required screenings can sometimes feel like extra paperwork, they play a crucial role in early cancer detection. By identifying patients eligible for low-dose CT scans (LDCTs), our technology-driven approach is helping to enhance early cancer detection—reinforcing the critical role of these screenings.

Cancer care, however, extends beyond medical treatment. Our Social Determinants of Health (SDOH) programs help patients access essential resources, from transportation assistance to financial support, ensuring they receive the comprehensive care they need.

By integrating tablets, mobile apps, and digital wallboards, we provide a seamless experience—one easy-to-access dashboard for appointments, important health information, and personalized updates.

“By streamlining data collection and consolidating information, we’re reducing stress, limiting password fatigue, and ensuring patients receive the information they need exactly when they need it,” explains Riley.

Another major focus has been mitigating duplicate asks—reducing the frustration of filling out the same forms at every visit. With our system, once a patient provides information, it is securely stored and shared with their care team as needed, eliminating unnecessary repetition.

Every advancement we make is with the patient’s best interest in mind. At NYCBS, patients are our priority. By simplifying their experience, improving access to care, and streamlining every touchpoint, we’re making healthcare easier to navigate. Riley says, “When technology removes barriers, patients can focus on what truly matters—their health.”

To make an appointment, call 1-833-CANCER-9. For more information, visit nycancer.com.



Sean Riley, Chief Information Officer

Coming Soon

New Cancer Care Facilities

Staten Island
2801 Richmond Avenue, Staten Island, NY 10314

Services: Medical Oncology, Radiation, & Imaging



Washington Heights
500 W 181st Street, New York, NY 10033

Services: Medical Oncology, Imaging, & Urology



NOW OPEN!

See Inside Our New Manhattan
Multi-Specialty Cancer Treatment Center Below:
201 E 71st St, Lower Level, New York, NY 10021



Upcoming Events

March 15th, 10am - 2pm: Haitian American Alliance of New York Women's Health & Wellness Fair, Evangelical Crusade Christian Church, 557 East 31st Street, Brooklyn 11226

March 15th, 12pm: Westhampton Beach St. Patrick's Day Parade

March 22nd: Mather HealthyU, Meadow Club, Port Jefferson

March 22nd, 12pm: Rockville Centre St. Patrick's Day Parade

March 23rd, 12:30pm: Patchogue St. Patrick's Day Parade

March 23rd, 2pm: Ronkonkoma St. Patrick's Day Parade

March 27th, 6 PM-10PM: Great Gatsby Affair

March 29th, 8:30am: Heckscher State Park Marathon, Half Marathon & 5K, Heckscher State Park, Field 6

April 4th, 10am - 12:30pm: Senior Health & Beyond Expo, East Meadow Jewish Center, 1400 Prospect Ave, East Meadow

April 6th, 8:30am: Aspire 10K, H.B. Mattlin Middle School, 100 Washington Ave, Plainview

April 12th, 9am - 1pm: Port Jefferson Health & Wellness Fest, Meadow Club, Port Jefferson

April 26th, 9am: StrongHER Long Island 4K Walk-Run, 249 Buckley Rd, Holtsville

April 26th 10:30am - 6:30pm: Community & Music Festival, Elk's Lodge & McNaughton Park, 41 Horseblock Rd, Centereach

May 3rd, Doors Open 6:30PM: Hockey for Hope 30 NYCBS

May 25th, 9AM: Run the Vineyard Race 1

July 20th, 9AM: Run the Vineyard Race 2

August 18th, 10:30AM: Raising Hope Golf Classic

October 3rd, 6PM-11PM: Raising Hope Gala

October 5th, 9AM: Run the Vineyard Race 3



Women's Support Group

Join our monthly Women's Cancer Support Group! Virtual meetings are held every second Wednesday of the month via Zoom from 6-7 PM. Hosted by Licensed Clinical Social Workers Alyza Conway and Laura Germaine.

Please email aconway@nycancer.com if you have any questions or would like to attend.



Podcast

Conquering Cancer Together

On "Conquering Cancer Together" we'll talk about the latest cancer health information and dive into everything from screening and testing and more. **Scan to listen learn about ALK-Positive Lung Cancer with Dr. Amishi Desai**



OUR PATIENTS & THEIR FAMILIES

Our patients and their families tell the story of conquering cancer like no other. They help us connect, inspire, and empower. If you know a patient or have a family member who would like to make an impact and share their experience with us, please have them contact marketing@nycancer.com



Scan to Donate to the
New York Cancer Foundation

